

Table 1 Supplementary material
Mixed Methods Assessment Tool (MMAT) risk of bias
Magson NR, et al. ¹

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?		X		81.8% Caucasian, and middle-high socioeconomic status 79.2%.
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?			X	
	3.3. Are there complete outcome data?			X	Response rate 53% (248 out of 467)
	3.4. Are the confounders accounted for in the design and analysis?			X	
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate risk				

Ezpeleta L, et al. ²

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?		X		Attrition was higher among those in lower SES
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?			X	
	3.3. Are there complete outcome data?			X	55% answered the questionnaires
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate risk				

Zhang L, et al. ³

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?		X		59.3% male
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?	X			
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Low risk				

Chahal R, et al. ⁴

		Yes	No	Can't tell	Comments

Quantitative non-randomized	3.1. Are the participants representative of the target population?		X		190 out of 214 recruited, 17 excluded due to motion and image quality 102 provided complete survey data, 86 had usable resting state data, did not answer 85 adolescents (49 female) mean 11.3 yrs
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?		X		Participants retrospectively rated their levels of emotions and worries in the 3 months before COVID and 2 most recent weeks during the pandemic. Pubertal staging was administered at baseline, not at COVID assessment since the sample had a mean age of 16.5 years during the COVID-19 ECN coherence measure was obtained only at baseline
	3.3. Are there complete outcome data?		X		
	3.4. Are the confounders accounted for in the design and analysis?		X		
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?		X		T1 baseline fMRI, completed a survey in April 3-April 20, 2020 (2.5-4.5 weeks after the pandemic) The interval ranged from 3.7 to 6.5 years (mean 5.2 years)
Risk of bias	High risk. Excluded from the final synthesis				

Isumi A, et al.⁵

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study
	4.2. Is the sample representative of the target population?			X	No stratification for <10 yrs, 10-14 yrs, and 15-19 yrs
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Tromans S, et al.⁶

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Data based on administrative data.
	4.2. Is the sample representative of the target population?			X	Mental health service utilization in UK, Leicester city Child and adolescent mental health services n=14

					The data reported is from a single healthcare trust in England, and thus may not be generalizable to all regions. It was not possible to examine the sociodemographic or clinical factors of patients referred or admitted. It might be considered that patients being admitted to mental health services are those with higher or immediate needs. These are all written in limitations
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?			X	N= 14 (small sample size)
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Physical activity, Obesity

Zenic N, et al. ⁷

		Yes	No	Can't tell	Comments
Quantitative non-randomized	3.1. Are the participants representative of the target population?			X	There are no dropouts reported? This is not discussed
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?		X		Self-reported physical activity
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate. It does not seem altogether unlikely that self-reported measures are affected by the special COVID-19 situation and that those lost to follow-up had different trajectories than those that participated.				

Gilic B, et al. ⁸

		Yes	No	Can't tell	Comments
Quantitative non-randomized	3.1. Are the participants representative of the target population?		X		65% residing in urban centers and follow up testing included adolescents who can use their own technological resources (those who have smart phones, and computers). Regarding socioeconomic status (urban centers, use of technology are a risk to be not representative
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?	X			

	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate				

Pietrobelli A, et al.⁹

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?		X		Verona, Italy, longitudinal observational study (OBELIX). Non-adult participants with obesity (BMI>25 kg/m ²) N=41 children, 35 Italy, 4 North Africa, 2 Albania It is a very small sample.
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?		X		Anthropometric measurements at baseline only. No structured questionnaire. Only a survey on eating and sedentary behaviors while the rest of variable collected at baseline
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?		X		
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate -High				

Li M, et al.¹⁰

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study
	4.2. Is the sample representative of the target population?			X	Hospital based study (only one hospital) in Hubei Province China (age 18-50 yrs pregnant women)
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Brenner A, et al. ¹¹

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?			X	Patient cohort where only one out of six participated. No attrition analysis.
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?	X			
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate. Main outcome measures are calculated within the same individuals. Should not be very sensitive to non-representativity of study population.				

Christoforidis A, et al. ¹²

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?			X	Patient cohort of 34 children. A number of exclusion criteria are reported, including "unwillingness" but the number excluded is not reported
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?	X			
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?	X			
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate. Main outcome measures are calculated within the same individuals. Should not be very sensitive to non-representativity of study population.				

Di Dalmazzi G, et al. ¹³

Quantitative non-randomized		Yes	No	Can't tell	Comments
	3.1. Are the participants representative of the target population?		X		Italy, S.Orsola Policlinic. 130 consecutive patients with T1D wearing CGM system (30 children <12 yrs), 24 teenagers (13-17 yrs), glucose data. The sample size is small and a very selected group (those under CGM monitoring and with sensor use of >70%). So, results cannot be extended to all patients with T1DM
	3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)?			X	
	3.3. Are there complete outcome data?	X			
	3.4. Are the confounders accounted for in the design and analysis?		X		Clustering only in adult patients
	3.5. During the study period, is the intervention administered (or exposure occurred) as intended?	X			
Risk of bias	Moderate				

Keays G, et al. ¹⁴

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study
	4.2. Is the sample representative of the target population?			X	28 yrs injury related ED visits Montreal Children's Hospital (one hospital), provincially designated pediatric trauma center. The study relied on data from one hospital
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Cheek JA, et al. ¹⁵

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study.
	4.2. Is the sample representative of the target population?			X	Australia, pediatric ED visits. Two tertiary and 2 urban district hospitals in Victoria. The data reported from 4 centers, and the numbers of mental health and neonatal presentations are small, not sure to be generalizable
	4.3. Are the measurements appropriate?	X			Pediatric ED presentations. Mental health patients. Neonatal presentations
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Palladino F, et al. ¹⁶

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study
	4.2. Is the sample representative of the target population?			X	South Italy, ED of a single center 4-14 years, seizures, n=57, median age 8 yrs

					The data is from a single center and small sample size, probably not generalizable
	4.3. Are the measurements appropriate?			X	Demographic, seizures semiology, treatment ED data base and medical records MMD (media use) elaborated by adapting others validated questionnaires?
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Dopfer C, et al.¹⁷

Descriptive study	Yes	No	Can't tell	Comments
4.1. Is the sampling strategy relevant to address the research question?	X			Ecological register study of total population in catchment area
4.2. Is the sample representative of the target population?			X	
4.3. Are the measurements appropriate?	X			
4.4. Is the risk of nonresponse bias low?	X			
4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Low			

Valitutti F, et al.¹⁸

Descriptive study	Yes	No	Can't tell	Comments
4.1. Is the sampling strategy relevant to address the research question?	X			Ecological register study of total population in catchment area
4.2. Is the sample representative of the target population?			X	
4.3. Are the measurements appropriate?		X		Appropriate, but poorly defined. Dependent on nurses judgement, could easily change over time with decreased load of patients. Decrease in percentage of total number of patients is used as outcome, is not OK. Should be population bases
4.4. Is the risk of nonresponse bias low?	X			
4.5. Is the statistical analysis appropriate to answer the research question?	X			

Risk of bias	Moderate
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Chandir S, et al.¹⁹

Descriptive study	Yes	No	Can't tell	Comments
4.1. Is the sampling strategy relevant to address the research question?	X			
4.2. Is the sample representative of the target population?			X	
4.3. Are the measurements appropriate?	X			
4.4. Is the risk of nonresponse bias low?	X			
4.5. Is the statistical analysis appropriate to answer the research question?		X		The study contains data on two levels, region and individual but is analyzed as one level.
Risk of bias	Low for crude analyses of change, Moderate for multivariate analysis.			

Chelo D, et al.²⁰

Descriptive study	Yes	No	Can't tell	Comments
4.1. Is the sampling strategy relevant to address the research question?	X			Ecological register study of total population in catchment area
4.2. Is the sample representative of the target population?			X	
4.3. Are the measurements appropriate?	X			Cause of deaths were not registered for those who arrived dead at hospital. This is appropriately discussed
4.4. Is the risk of nonresponse bias low?	X			
4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Low			

Violence, abuse against children**Garstang J, et al.**²¹

Descriptive study	Yes	No	Can't tell	Comments
4.1. Is the sampling strategy relevant to address the research question?	X			Register study
4.2. Is the sample representative of the target population?			X	Most severe (hospital cases) injuries were not included

	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Low				

Kovler ML, et al. ²²

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Register study
	4.2. Is the sample representative of the target population?			X	Maryland, Physical child abuse related injuries (n=8) 75% black, median age 11.5 months. This study is limited by the short period of retrospective review, and thus by the small number of patients included. Both regional and nationwide data would be needed to be compiled, and to determine if the measure taken to fight the Covid-19 pandemic is broadly associated with increased physical child abuse with more certainty.
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			
	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Moderate				

Baron EJ, et al. ²³

Descriptive study		Yes	No	Can't tell	Comments
	4.1. Is the sampling strategy relevant to address the research question?	X			Study based on administrative data
	4.2. Is the sample representative of the target population?			X	The data come from one State. Difficulties to know whether the results are externally valid and comparable to other counties and the US.
	4.3. Are the measurements appropriate?	X			
	4.4. Is the risk of nonresponse bias low?	X			

	4.5. Is the statistical analysis appropriate to answer the research question?	X			
Risk of bias	Low- moderate				

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