

Impact of the COVID-19 pandemic on radiology appointments in a tertiary children's hospital: a retrospective study

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ABSTRACT

In this retrospective observational study, we evaluated the impact of the COVID-19 pandemic in London on paediatric radiology activity, as a surrogate of overall hospital activity. We showed a large reduction in overall outpatient imaging activity: 49 250 records occurred in the 371 days post COVID-19 period compared with an expected 67 806 records pre COVID-19 period, representing 18 556 'missed' records. Governmental restrictions were associated with reductions in activity, with the largest reduction in activity during tiers 3 and 4 restrictions. Rescheduling such missed outpatients' appointments represents considerable resource planning and the associated clinical impact on paediatric healthcare remains to be determined.

INTRODUCTION

The COVID-19 pandemic has been associated with significant changes in global and national health services provision, including through the impact of national lockdowns.¹ Children are typically not directly severely affected by COVID-19 infection but may suffer as a result of missing standard healthcare.² Several children's hospitals have seen a decrease in attendances for routine outpatient activity, some of which have been displaced online through virtual clinic appointments.³ The Royal College of Paediatric and Child Health⁴ found that approximately half of National Health Service trusts reported a decrease in their inpatient paediatric activity and loss of paediatric outpatient capacity was reported by 65%–84% of hospital trusts.

METHODS

In this retrospective single-centre study, we used radiology activity as a surrogate for patient hospital attendance, as several core imaging activities (eg, ultrasound) cannot be performed virtually. We analysed data on radiology attendance from all children over a 22-month study period (13 May 2019–28 March 2021) using our hospital's secure

Digital Research Environment (www.gosh-drive.com). We categorised data into pre-COVID and post-COVID (after and including Monday 23 March 2020, the start of the first national lockdown) and according to the UK government's official lockdown tiers 0–4. We included all X-ray, fluoroscopy, ultrasound and echocardiography, CT scan, MRI, interventional radiology and nuclear medicine imaging studies. Negative binomial models were fitted to inpatient and outpatient daily records with covariates including pre/post COVID-19 covariates (binary), tiering system (tiers 0–4) and weekdays/holidays (binary).

RESULTS

Across the entire study period, 162 135 patients were recorded generating a total of 1 91 949 records, across 686 days (98 weeks), of which 315 (45.9%) and 371 (54.1%) days were 'pre-COVID-19' and 'post-COVID-19' respectively. **Figure 1** shows these trends for daily records aggregated by week to smooth out reductions on weekends and holidays. The initial reduction in records was more pronounced for the first lockdown than for the second one despite the latter being confounded by the Christmas period. A total of 49 250 records occurred in the 371 days post COVID-19 timeframe compared with an expected 67 806 records pre COVID-19 timeframe, representing 18 556 'missed' records. Expected weekday daily outpatient records reduced to 187.3 (95% CI 177.8 to 197.3) post COVID-19 from 257.6 (95% CI 243.5 to 272.4) pre COVID-19 (**table 1**), a reduction of 27.3% (95% CI 21.5 to 32.6). A significant reduction is shown particularly under tiers 3 (151.5, 95% CI 120.2 to 190.9) and 4 (154.8, 95% CI 143.6 to 169.9) government restrictions; these represent reductions of 41.2% (95% CI 24.8 to 53.3) and 39.9% (95% CI 34.1 to 45.2), respectively. Inpatient activity remained consistent with pre COVID-19



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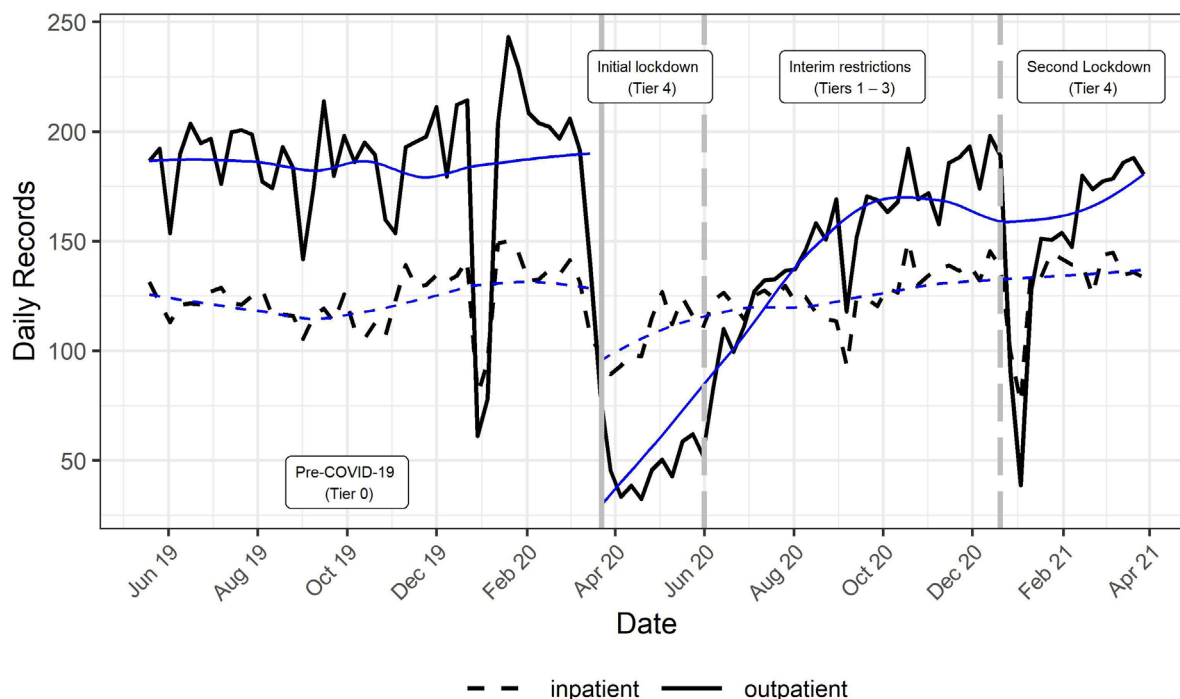


Figure 1 Time series of daily records (average per week), split by inpatients and outpatients. Black lines represent overall daily activity levels (averaged across each week). Blue lines show equivalent loess-smoothed lines of these same trends interrupted at the start of the first lockdown in March 2020. The graph is split into sections according to the government's lockdown tier system with pre COVID-19 (tier 0), partial restrictions (tiers 1–3) and full restrictions (tier 4) grouped together.

levels, with 46 127 records post COVID-19 versus 45 546 expected records assuming pre COVID-19 activity levels. There was a non-significant effect of full lockdown restrictions in weekday inpatient activity, with 157.0 (95% CI 153.6 to 160.5) pre COVID-19 daily records and 152.2 (95% CI 147.7 to 157.0) daily records under tier 4 restrictions (table 1).

table 1 table 1

DISCUSSION

We have demonstrated that the COVID-19 period was associated with a reduction in radiological outpatient activity. Several factors could be responsible, including parental anxiety related to travelling during a lockdown, perceived wellness in their children, a possible increase in mental health issues or difficulty coping with routine tasks.⁵

Table 1 Overall daily records (with 95% CI) from negative binomial models split by inpatients and outpatients, pre and post COVID-19 and tiering system

	Inpatients		Outpatients	
	Weekday	Holiday	Weekday	Holiday
Pre COVID-19	157 (153.5 to 160.5)	44.6 (42.7 to 46.5)	257.6 (243.5 to 272.4)	11.9 (10.7 to 13.2)
Post COVID-19 (overall)	155.4 (152.3 to 158.7)	53.4 (51.4 to 55.4)	187.3 (177.8 to 197.3)	8.2 (7.4 to 9.1)
Lockdown tier 0	157 (153.6 to 160.5)	44.6 (42.7 to 46.5)	257.6 (244.1 to 271.7)	11.9 (10.8 to 13.1)
Lockdown tier 1	153.8 (148 to 159.8)	46.7 (43.5 to 50.3)	213.6 (194.6 to 234.5)	7.5 (6.2 to 9)
Lockdown tier 2	164.2 (157.4 to 171.3)	54.1 (49.9 to 58.7)	224.7 (202.6 to 249.3)	9.3 (7.5 to 11.5)
Lockdown tier 3	152.9 (139.2 to 168)	62.2 (51.5 to 75.2)	151.5 (120.2 to 190.9)	9.5 (5.7 to 15.7)
Lockdown tier 4	152.2 (147.7 to 157)	56.1 (53.3 to 59.1)	154.8 (143.6 to 166.9)	8.1 (7 to 9.3)

Post COVID-19 dates were defined as all dates after and including Monday 23 March 2020, when the first national lockdown came into force in the UK. Post COVID-19 dates were further subcategorised according to the UK government's official lockdown tiering system (tiers 0–4, based on local tiering allocation in London with tier 4 being the most stringent form of lockdown). Although the tiering system was announced in October 2020, we retrospectively categorised all post- COVID-19 restrictions in London prior to October 2020 according to the same system as follows: tier 4 from the 23 March 2020; on 1 June 2020, lockdown restrictions eased with primary schools reopening (tier 3); on 14 June 2020, non-essential shops reopened (tier 2) and on 4 July 2020, other businesses reopened such as pubs and restaurants (tier 1).⁶

Assuming a 10% increase in working activity above normal pre COVID-19 levels, 720 weekdays (2.75 years) would be required to catch-up on all outpatient activity. This is not necessarily desirable, as there may have been inefficiencies in existing referral patterns and we did not evaluate the urgency of individual examinations, but further analysis of this data will identify which activities should be prioritised or postponed. The main limitation of this study was its retrospective nature from a single-specialist children's centre, which may not be generalisable. We did not collect data on staffing levels or on parental experience directly, and so the detailed mechanisms through which hospital activity reduced remain undetermined. Equally, the effect on paediatric healthcare caused by these missed appointments is yet to be quantified.

Contributors DL was responsible for the content and acts as a guarantor. NJS, OA and AT contributed equally to the initial conception and design of the work. DL and MC-B contributed to the analysis and interpretation of data. SS, OA and NJS contributed to the literature search and put findings in the context of existing evidence. JB and WAB provided the dataset available via the Digital Research Environment platform. DL, SS, NJS, OA and MC-B contributed to writing the initial draft of the manuscript, with all other authors contributing to the final version. OA and MC-B contributed as last authors.

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Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not required.

Ethics approval Ethical approval for this study was granted as part of a larger approval for use of routinely collected non-identifiable data (REC approval: 17/LO/0008).

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