

Dear friends

I want to know the current situation of your daily life and feelings during the COVID-19 pandemic.
I want to make use of your comments for a better society after COVID-19.
This is not a test.
No one will know who you are.
It will take about 30 minutes, but you can stop at any time.

Cheer up everyone with your voice!

If you accept to answer the questions, please proceed to the next step.

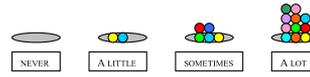
Thank you.

Perceived Stress Scale (Children)

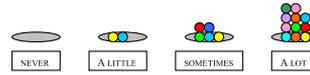
The following questions ask you about your feelings and thoughts during COVID-19 pandemic. For each question you will be asked to circle the picture that best fits your answer.

Name (or Initials or Nickname): _____ Date: _____
 Age: _____ Birthday: _____ I am a: Boy Girl
 not Decided

1. Which one has a lot of something?

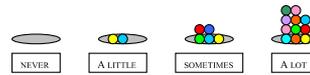


2. During the COVID-19 pandemic, how often did you feel rushed or hurried?



What made you feel so?

3. During the COVID-19 pandemic, how often did you have enough time to do what you wanted?



What did you do?

4. During the COVID-19 pandemic, how often did you feel worried about being too busy?



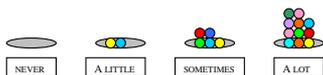
What made you worry about being busy?

5. During the COVID-19 pandemic, how often did you feel worried about grades or school?



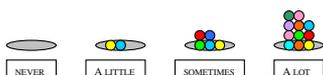
What made you worry about school?

6. During the COVID-19 pandemic, how often did your mom and/or dad make you feel better?



Who made you feel better? How did they make you feel better?

7. During the COVID-19 pandemic, how often did your mom and/or dad make you feel loved?



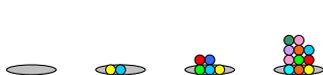
What made you feel loved?

8. During the COVID-19 pandemic, how often did you feel scared or nervous?



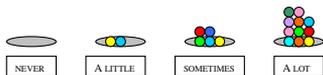
What made you feel scared or nervous?

9. During the COVID-19 pandemic, how often did you feel angry?



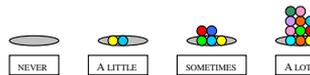
What made you angry?

10. During the COVID-19 pandemic, how often did you feel happy?



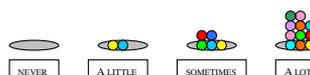
What made you happy?

11. During the COVID-19 pandemic, how often did you get enough sleep?



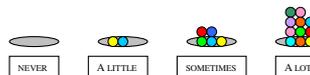
What made you not sleep well?

12. During the COVID-19 pandemic, how often did you have fights with your friends?



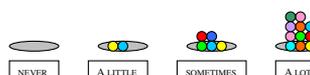
Why did you have fights?

13. During the COVID-19 pandemic, how often did you play with your friends?



Whom did you play with? How did you play?

14. During the COVID-19 pandemic, how often did you feel that you had enough friends?



Please write something about your friends:



Fig. 1 Questionnaire