Abstracts

Panel. 91.3% of the attendees rated the day 5/5 with the remainder giving 4/5. Themes within the qualitative feedback included:

‘Amazing people, inspiring talks. Fantastic to have children talk of their experiences.’

‘Dedicated time to come together to discuss current pressures.’

‘The variety of health care professionals and the enthusiasm was so refreshing.’

‘Getting practitioners together from different hospitals to share work and ideas and support each other.’

‘Just sharing the load’

‘Feeling like we have a team around us that are all interested in mental health.’

Conclusions

• Successful generation of a working group with multi-disciplinary and Trust representation across the Southwest. Successful inaugural meeting with plan to become annual, with generation of sub-group with particular interest in eating disorders in children and young people. Currently bidding for funding for increased clinician and administrative time to support the facilitation of the network and to improve on-line based resource sharing and learning resources.

• Collaborative efforts have resulted in a successful applications in two Devon hospital sites for funding to make the Paediatric ward a more secure and welcoming place for adolescents in physical and mental distress.

• We have been approached by HEE SW, NHSEI CYP Transformation and CYP MH to extend network out to the HEE South West footprint.

1949 THE BIG WELCOME – ADOLESCENT PACKS: A PROJECT TO WELCOME, ENGAGE AND WORK WITH YOUNG PEOPLE ADMITTED TO HOSPITAL FOR ACUTE CLINICAL CARE

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Objectives Young people admitted to our hospital often feel overlooked in their own care. Our aim is for young people coming to our Trust to feel welcomed, informed and have developmentally appropriate care. With this in mind we piloted ‘The Big Welcome’ in the Evelina London Children’s Hospital (ELCH).

The Big Welcome intends to provide the right information for young people about their health care and support well-being. One idea generated from the Youth Forum was to provide a tailored Adolescent Pack on arrival to hospital.

• developmentally appropriate care.

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Methods We created a pack which is offered to all young people over 13 years old, where developmentally appropriate, admitted to the ELCH. This includes practical items, entertainment items and health promotion and engagement information.

Data is collected on the number of packs handed out and using a QI approach feedback is taken from young people in real-time on the content of the pack and through staff observation of what is used/ left behind. This information is used to improve the pack through PDSA cycles.

We initially tested the packs in one ward area and the emergency department short-stay unit. We selected the acute admissions wards as this would provide the highest turnover of opportunity to distribute the pack. Our play specialist team took the lead in distribution and collecting feedback. The pilot is funded by a charity grant, reviewed quarterly.

Results We distributed 60 packs from May 2021 – May 2022 and received mixed feedback from young people. Some appreciate the gesture and some of the content, others have been disinterested/declined them or rated the content poorly. Feedback from the emergency department is that the packs are not tailored to short-stay and are more useful for those admitted to the main wards.

We have not been able to give out as many packs as planned (there are estimated X eligible young people per month admitted to the wards). Barriers identified are a lack of staff awareness of the project, core staff leave and admissions out of hours.

In response to feedback packs have been adapted to include QR code links to relevant health information about teenage sleep, sexual health and patient-led transition.

Conclusions While the packs have been able to address some of the aim, they have not been as successful as hoped. We continue to evaluate the packs fitness for purpose and modify content in response to feedback. Our next step is to improve the distribution, then as part of the wider project to update information for young people on the ELCH website around transition planning and communication tools. We have identified staff training is needed to improve comfort managing the needs of young people and content needs to be accessible.

1952 TRANSITION INTO ADULT SERVICES – WHAT CHARACTERISTICS MIGHT BE CORE TO WHOLE ORGANISATION CHANGE?

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Objectives Current processes for the transition of young people with long-term health conditions from children’s or adolescent health services into adult services are disjointed, often falling short of what can be described as a ‘good experience’. Consequences for young people are many, including deterioration in health, disengagement from services, with short-and long term effects. Following the successful development of an exemplar Model of Improvement for Transition at Leeds Teaching Hospital Trust, a National Transition Nursing Network was implemented across England in 2020, funded by the Burdett Trust for Nursing. This network includes a Lead Nurse for Transition and four Regional Nurse Advisors (RNAs) covering four regions across England. Influence and impact of this network and its approach to evaluation is our focus.