

Supplementary Table 1. Words and Frequency of Usage by Parents

Word	Frequency
Lonely	136
Isolating	97
Strong Bond/Bonding	48
Worrying	47
Challenging	45
Time with Family	45
Calm/Peaceful	34
Exhausting/Tiring	31
Stressful	26
Rewarding	24
Happy	23
Intense	21
Enjoyable	19
Anxious	17
Hard/Hard Work	17
Joyful	16
Unsupported/No Support/Lack of Support	16
Quiet	15
Grateful	13
Fun	13
Special	13
Overwhelming	13
Busy	12
Different	12
Difficulty accessing services	12
Sad	11
Difficult	11
Frustrating	10
Tough	10
Scary	10
Emotional	9
Loving	9
Lucky	8
Repetitive	8
Uncertainty/Uncertain	8
Intimate	8
Positive	7
Strange	7
Lovely	5

Missing Out	5
Restricted	5
Blessing/Blessed	5
Bubble	4
Fearful/Fear	4
Privileged	4
Routine	4
Upsetting	4
Bittersweet	4
Simple	4
Memorable	4
Wonderful	4
Amazing	4
Unsocial	4